

**Paediatric Consultation**  
REFERRAL FORM

**Service Information**

**Referral Source**    Emergency Department/ UCC    Acute Care    Primary Health Care    Other \_\_\_\_\_

**Please see over for service specific referral information**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Chest Clinic  | <input type="checkbox"/> Nephrology Clinic   | <input type="checkbox"/> Paediatric and Obstetric Clinical Nutrition Services                             |
| <input type="checkbox"/> Endocrinology Clinic ( <input type="checkbox"/> PMC <input type="checkbox"/> EGH) | <input type="checkbox"/> Neurology Clinic ( <input type="checkbox"/> PMC <input type="checkbox"/> EGH) | <input type="checkbox"/> Sickle Cell Clinic   |
| <input type="checkbox"/> GI Clinic ( <input type="checkbox"/> PMC <input type="checkbox"/> EGH)            | <input type="checkbox"/> Occupational Therapy Paediatric Outpatient Referral                           | <input type="checkbox"/> UCC Paediatric Consult Service<br><i>(Leave in UCC consult room, do not fax)</i> |
| <input type="checkbox"/> Healthy Lifestyle Clinic  |  |   |

**Patient Information**

**Patient's Last Name:** \_\_\_\_\_ **Patient's First Name:** \_\_\_\_\_

**Date of Birth:** (DD/MM/YY) \_\_\_\_\_ **Gender:**  Male  Female  Other

**Health Card Number:** \_\_\_\_\_ **Version:** \_\_\_\_\_ **No OHIP:**

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **Province:** \_\_\_\_\_ **Postal Code:** \_\_\_\_\_

**Phone # (primary):** \_\_\_\_\_ **Phone # (alternate):** \_\_\_\_\_ **Cell #:** \_\_\_\_\_

**Patient's E-mail:** \_\_\_\_\_  **Interpretation Services Required; Language:** \_\_\_\_\_

**Person to contact for booking appointment** *(If different than patient):* \_\_\_\_\_

**Relationship to patient:** \_\_\_\_\_

**Reason for Referral & Relevant Patient History**

**Reason for Referral:** \_\_\_\_\_

**Relevant History:** \_\_\_\_\_

**Allergies:** \_\_\_\_\_

**Investigations to Date:** \_\_\_\_\_

**Current Medications:** \_\_\_\_\_

**Referring Clinician Information**

**Referring Clinician Name:** \_\_\_\_\_ **OHIP Billing Number:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_ **Fax #:** \_\_\_\_\_ **E-mail:** \_\_\_\_\_

**Family Physician** *(If different from above):* \_\_\_\_\_

**Signature of Referring Clinician:** \_\_\_\_\_ **Referral Date:** \_\_\_\_\_

<b>Clinic Use Only</b>	<b>Referral Received Actions:</b>
Date Referral Screened: _____	<input type="checkbox"/> Approved
Date Appt. Booked: _____	<input type="checkbox"/> Patient Declined
Date of Appt.: _____	<input type="checkbox"/> Redirected to _____
	<input type="checkbox"/> Other _____



**Please Complete Sections Below for Relevant Clinic Referrals**

**Healthy Lifestyle Clinic (5-18 years of age only)**

Diagnosis/ Reason for Referral

- Obesity (BMI or wt for ht > 85<sup>th</sup> percentile)
- Hyperlipidemia
- Other risks: \_\_\_\_\_

Other Comments: \_\_\_\_\_

Current Weight: \_\_\_\_\_ Height: \_\_\_\_\_ BMI: \_\_\_\_\_

PLEASE ATTACH LABORATORY DATA AND GROWTH DATA

(GROWTH CHARTS, WEIGHT AND HEIGHT HISTORY ARE MANDATORY FOR PAEDIATRIC REFERRAL)

**Occupational Therapy Paediatric Outpatient Referral**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> <b>Feeding</b><br><input type="checkbox"/> Sensitivity to texture<br><input type="checkbox"/> Refusal to eat<br><input type="checkbox"/> Oral-Motor Dysfunction<br><input type="checkbox"/> Swallowing Dysfunction<br><input type="checkbox"/> Nutritionally Compromised | <input type="checkbox"/> <b>Developmental Delay</b><br><input type="checkbox"/> Gross Motor<br><input type="checkbox"/> Fine Motor<br><input type="checkbox"/> Cognitive<br><input type="checkbox"/> Psychosocial issues | <input type="checkbox"/> <b>Musculoskeletal</b><br><input type="checkbox"/> Orthopaedic<br><input type="checkbox"/> Soft tissue<br><input type="checkbox"/> Plagiocephaly<br><input type="checkbox"/> Positioning deficit |
|---|--|---|

Relevant History and Treatment to Date: \_\_\_\_\_

OT Treatment Requested: \_\_\_\_\_

**Paediatric and Obstetric Clinical Nutrition Services**

**GROWTH INFORMATION**

- Growth chart/history is mandatory for **ALL** paediatric referrals
- Growth charts developed by the World Health Organization and adapted for Canada are recommended to track growth for all infants, children and teens; they can be found at [www.whogrowthcharts.ca](http://www.whogrowthcharts.ca)

**LABORATORY DATA**

- Please attach relevant laboratory data

**Paediatrics:**

- Obesity (Weight-for-Length or BMI >85<sup>th</sup> %ile) and/or Hyperlipidemia
  - EGH: all children
  - PMC: <5years of age; if ≥5 years please refer to Lifestyle Clinic
- Failure to Thrive (Weight-for-Length or BMI <3<sup>rd</sup> %ile)
- Altered Growth Velocity
- Significant Iron Deficiency Anemia (Hgb <90)
- Tube Feeding Assessment/Monitoring
- Food Allergies (specify: \_\_\_\_\_)
- Complex Feeding Issues (e.g. inappropriate texture of diet, developmental delay affecting intake, GERD) (specify: \_\_\_\_\_)

**Obstetrics:**

- Hyperemesis Gravidarum
- Adolescent Pregnancy (<18 years old)
- Poor Weight Gain
- Hypertension
- Obesity (pre-pregnancy BMI ≥30)  
**NOTE:** If BMI ≥40, please refer to Special Pregnancy Program at Mount Sinai Hospital (they will accept referrals if BMI <40 + complications/medical issues)

**Clinic Use Only**

Date Referral Screened: \_\_\_\_\_  
 Date Appt. Booked: \_\_\_\_\_  
 Date of Appt.: \_\_\_\_\_

Referral Received Actions:

- Approved
- Patient Declined
- Redirected to \_\_\_\_\_
- Other \_\_\_\_\_

